

Discovering Your Passion

When you are living your passion you are enthusiastic, you are in alignment with your purpose, you are abundant, you are happy, and you are living in JOY in the life of your dreams!

How do I discover my passion? What does my passion look like? What does my passion feel like? How do I know it is really my passion? These are questions you are probably asking.

You might want to **start thinking back when you were a kid with no worries**, just having fun and just playing and laughing. That was passion for life!

Think about and write down the answer to the next few questions.

In the **first 10 years of your life** what did you get excited about and what did you accomplish that you were proud of?

In the **next decade from 10 to 20 years old** what did you get excited about and what did you accomplish that you were proud of?

From **20 to 30 years of age** what did you get excited about and what did you accomplish that you were proud of?

From **30 to 40 years of age** what did you get excited about and what did you accomplish that you were proud of?

From **40 to 50 years of age** what did you get excited about and what did you accomplish that you were proud of?

From **50 to 60 years of age** what did you get excited about and what did you accomplish that you were proud of?

You get the picture... **keep going until you reach your current decade.** Then **create the next decade** as to what you see yourself doing and what you would be doing that would make you proud and happy? **Keep doing this every decade until you get to 130 years old.**

If you wrote about doing something in your past decades that was so exciting and you were proud of... that got you excited just thinking about it... **this could be your passion.** I know you might be saying, “I can’t be financially stable riding a bike or falling in love?” Now think about how you felt when you were around 7 years old and you were so excited and proud that you could ride a bike without any training wheels. The important thing is how you felt and if you were really excited and proud of your accomplishment... **that feeling, that excitement is what we are looking for.** Then you look at how to monetize it.

If you went past the decade you are currently in and found yourself excited and proud of your accomplishments... then that could be your passion. For

me, when I did this exercise in my thirties, I had myself writing books in my nineties, so as it turns out **I am 20 years ahead of my schedule.**

The bottom line is if you are waking up every morning thinking about your passion, and that is what you are having fun doing with enthusiasm, excitement and joy, **then that IS your passion!** If it is not creating you abundance then it is time to figure out how to monetize it. In today's modern world it is even easier to monetize your passion. The Internet has allowed us to **connect with so many more people** who might have the same passion as you and want to participate with your project. Think about it and ask yourself how can I make this passion into a business? Do research on the topic, ask questions to people who you trust about what you trying to accomplish. Be creative and think outside the box. The answers will come to you. **Just don't give up on your dreams!**

Explore the "Events" listed in the menu section of my website and find the support you might need to live your passion with enthusiasm so you can wake up abundant and feeling like a million dollars!